

# THE 5 A DAILY ZUCCHINI



Local vegetable entertainer, presents her unique “5 a day” vegetable theatre show and creature making experience.

Locally grown heroes Peter Parsnip and Lois Leek have rescued the world from Artificial Cheese Beast. The monster was on a mission to make the world a beige, boring place devoid of crispy crunchy colourful food, and so the vitamin packed pair have called in world renowned expert Madame Zucchini and the race is on to create a fruit and vegetable superhero made out of as many vegetables and fruit as possible and save the planet.



The audience watch the show and then make their own superhero/beast out of vegetables, exploring their creativity and getting to know different veg, as well as helping rid the world of bad, boring food.



Can you spot the 5 vegetables in our plucky hero? Our reporter asked Madame Z how others trying to tackle the threat of the artificial cheese beast, perhaps in their schools or communities, might benefit from her services She said “Even if it takes a 45 min session to do the job, I can do two in an afternoon or morning”.

**“Wherever there is a need I can bring help (and the required vegetables)”**

**A spokesperson reported:**

“This was healthy education at its freshest: what better way to encourage young people to get to grips with fresh ingredients and to encourage children to expand their vegetable knowledge”.

**A bystander proclaimed:**

“The children were inspired by playing with food in an imaginative way, and the monster was defeated by their sheer enthusiasm, this could help make the world a healthier place!”.

**Staff at Weston Park Museum Sheffield said:**

“The sessions were very popular and the children loved engaging with Mme Z. She also tidies up after herself!”

Madame Zucchini also has a range of other shows and activities.

